

<div> <div>Week 1</div> <div> Week Begins: 20 April, 18 May, 15 June, 24 August, 21 September </div> </div>	
Mon	<div> <div>Cheese & Spring Onion</div> <div> <div>✓</div> <div>Sandwiches with Breadsticks & Sweetcorn</div> <div>Steak Mince with a Mini Yorkie</div> <div>Tomato Pasta</div> <div>✓</div> </div> </div> <div> <div>Mashed Potatoes</div> <div>Baby Carrots</div> <div>Sweetcorn</div> </div> <div> <div>Garlic Bread</div> <div>Rice Pudding & Peaches</div> </div>
Tues	<div> <div>Roast Beef & Tomato Sandwiches with Pancake & Peppers</div> <div>Creamy Chicken Korma</div> <div>Baked Potato with Cheese</div> <div>✓</div> <div>or Tuna</div> <div>Rice</div> <div>Green Beans</div> <div>Mixed Peppers</div> </div> <div> <div>Naan Bread</div> <div>Jelly Jewels</div> </div>
Wed	<div> <div>Scottish Breaded Fish Fillet</div> <div> <div>NEW</div> <div>BBQ Quorn & Salad Wrap</div> <div>✓</div> </div> <div>Italian Pasta Mince</div> <div>Chips</div> <div>Peas</div> <div>Coleslaw</div> </div> <div> <div>Assorted Bread</div> <div>Iced Sponge & Custard</div> </div>
Thur	<div> <div>Ham Sandwiches with Pasta Salad & Beetroot</div> <div>Traditional Beef Steak Pie</div> <div>Quorn Chilli</div> <div>✓</div> </div> <div> <div>Rice</div> <div>Boiled Potatoes</div> <div>Broccoli</div> <div>Beetroot</div> </div> <div> <div>Crusty Bread</div> <div>Choco Beet Slice & Custard</div> <div>NEW</div> </div>
Fri	<div> <div>Egg Mayonnaise</div> <div>✓</div> <div>Sandwiches with Pizza Fingers, Cucumber & Tomato</div> <div>Cheese & Tomato Pizza</div> <div>✓</div> <div>Vegetable Risotto</div> <div>✓</div> </div> <div> <div>Spaghetti Hoops</div> <div>Peas & Sweetcorn</div> <div>Cucumber & Tomato</div> </div> <div> <div>Assorted Bread</div> <div>Seasonal Fresh Fruit Salad & Cream</div> </div>

Menu choices may change at short notice



QMS

QUALITY MEAT SCOTLAND

We use locally grown produce where possible



<div> <div>Week 2</div> <div> Week Begins: 27 April, 25 May, 22 June, 31 August, 28 September </div> </div>	
Mon	<div> <div>Tuna Mayonnaise Sandwiches with Mini Cheese Loaf & Cucumber</div> <div>Butcher's Pork Sausages</div> <div> <div>NEW</div> <div>Vegetarian Sausages</div> <div>✓</div> </div> <div>Broccoli Quiche</div> <div>✓</div> </div> <div> <div>Mashed Potatoes</div> <div>Baked Beans</div> <div>Diced Cucumber</div> </div> <div> <div>Assorted Bread</div> <div>Fruit Sorbet</div> </div>
Tues	<div> <div>Ham Sandwiches with Veggie Nugget & Grated Carrots</div> <div>Macaroni Cheese</div> <div>✓</div> </div> <div> <div>Great British Beef Meatballs in Gravy</div> <div>Noodles</div> <div>Green Beans</div> <div>Grated Carrots</div> </div> <div> <div>Garlic Bread</div> <div>Flapjack & Custard</div> <div>NEW</div> </div>
Wed	<div> <div>Chicken Pie</div> <div>Free Range Egg Salad</div> <div>✓</div> </div> <div>Pulled Pork Wrap</div> <div>Pasta</div> <div>Potatoes</div> <div>Broccoli</div> <div>Sliced Peppers</div> <div>Assorted Bread</div> <div>Seasonal Berry Crumble & Custard</div>
Thur	<div> <div>Cheese</div> <div>✓</div> <div>Sandwiches with Plain Scone & Coleslaw</div> <div>Scottish Breaded Fish Fillet</div> <div>Beef Stirfry</div> <div>Chips</div> <div>Peas</div> <div>Coleslaw</div> </div> <div> <div>Crusty Bread</div> <div>Iced Shortbread</div> </div>
Fri	<div> <div>Egg & Tomato</div> <div>✓</div> <div>Sandwiches with Savoury Rice & Beetroot</div> <div>Crispy Crumb Turkey Burger & Tomato Sauce</div> <div>Vegetable Lasagne</div> <div>✓</div> </div> <div> <div>Savoury Rice</div> <div>Sweetcorn</div> <div>Beetroot</div> </div> <div> <div>Assorted Bread</div> <div>Brownie Cookie</div> <div>NEW</div> </div>

APRIL					MAY					JUNE					JULY					AUGUST					SEPTEMBER					OCTOBER				
Mon	Tue	Wed	Thu	Fri	Mon	Tue	Wed	Thu	Fri	Mon	Tue	Wed	Thu	Fri	Mon	Tue	Wed	Thu	Fri	Mon	Tue	Wed	Thu	Fri	Mon	Tue	Wed	Thu	Fri	Mon	Tue	Wed	Thu	Fri
		1	2	HOL					1	1	2	3	4	5			1	2	3							1	2	3	4				1	2
HOLIDAYS					HOL	5	6	7	8	8	9	10	11	12	HOLIDAYS					HOLIDAYS					7	8	9	10	11	5	6	7	8	9
					11	12	13	14	15	15	16	17	18	19						HOL	18	19	20	21	14	15	16	17	18	HOLIDAYS				
20	21	22	23	24	18	19	20	21	22	22	23	24	25	26						24	25	26	27	28	21	22	23	24	25					
27	28	29	30		25	26	27	28	29	29	30									31					28	29	30			26	27	28	29	30

<div> <div>Week 3</div> <div> Week Begins: 5 May, 1 June, 29 June, 7 September, 5 October </div> </div>	
Mon	<div> <div>Ham Sandwiches with Pasta Salad & Pineapple</div> <div> <div>NEW</div> <div>Breaded Diced Chicken Fillets</div> <div>Vegetable Nuggets</div> <div>✓</div> <div>Pasta Bake</div> <div>✓</div> </div> </div> <div> <div>Seasoned Diced Potatoes</div> <div>Baked Beans</div> <div>Peas</div> </div> <div> <div>Assorted Bread</div> <div>Apple Pie & Cream</div> </div>
Tues	<div> <div>Egg & Cress</div> <div>✓</div> <div>Sandwiches with Tomato, Mozzarella, Pepper, Sausage & Coleslaw</div> <div>Italian Style Bolognaise</div> <div>Salmon Fish Fingers</div> </div> <div> <div>Spaghetti</div> <div>Mashed Potatoes</div> <div>Broccoli, Cauliflower & Carrot</div> <div>Coleslaw</div> </div> <div> <div>Garlic Bread</div> <div>Jammie Dodger Cup Cake</div> <div>NEW</div> </div>
Wed	<div> <div>Panini filled with Cheese & Ham</div> <div>Panini filled with Cheese</div> <div>✓</div> <div>Beef Curry</div> </div> <div> <div>Rice</div> <div>Sweetcorn</div> <div>Beetroot</div> </div> <div> <div>Naan Bread</div> <div>Angel Delight & Seasonal Fruit</div> </div>
Thur	<div> <div>Cheese</div> <div>✓</div> <div>Sandwiches with Banana Loaf & Diced Tomatoes</div> <div>Traditional Roast Chicken & Mealie</div> <div>Baked Potato with Baked Beans</div> <div>✓</div> </div> <div> <div>Roast Potatoes</div> <div>Mashed Carrots & Turnip</div> <div>Green Beans</div> </div> <div> <div>Assorted Bread</div> <div>Ice Cream Tub</div> </div>
Fri	<div> <div>Tuna Mayonnaise Sandwiches with Sausage Roll & Cucumber Sticks</div> <div>Sausage Roll</div> <div> <div>NEW</div> <div>Homemade Vegetarian Sausage Roll</div> <div>✓</div> </div> <div>BBQ Chicken</div> </div> <div> <div>Potato Wedges</div> <div>Baked Beans</div> <div>Cucumber Sticks</div> </div> <div> <div>Assorted Bread</div> <div>Tiffin & Custard</div> </div>

Every day:



<div> <div>Week 4</div> <div> Week Begins: 11 May, 8 June, 18 August, 14 September </div> </div>	
Mon	<div> <div>Turkey Sandwiches with Cocktail Sausage & Coleslaw</div> <div>Scottish Breaded Fish Fillet</div> <div>Herbie Spaghetti</div> <div>✓</div> </div> <div> <div>Chips</div> <div>Peas</div> <div>Coleslaw</div> </div> <div> <div>Crusty Bread</div> <div>Chocolate Saucy Sponge & Vanilla Sauce</div> </div>
Tues	<div> <div>Tuna & Red Onion Sandwiches with Cous Cous & Grated Carrots</div> <div>Beef Lasagne</div> <div>Mexican Chicken Fajitas</div> <div>Vegetable Fajitas</div> <div>✓</div> </div> <div> <div>Cous Cous</div> <div>Sweetcorn</div> <div>Grated Carrots</div> </div> <div> <div>Garlic Bread</div> <div>Peach Crunch & Custard</div> </div>
Wed	<div> <div>Egg Mayonnaise</div> <div>✓</div> <div>Sandwiches with Cheese Straw & Beetroot</div> <div>Chicken Vol-Au-Vent</div> <div>Shepherd's Pie</div> <div>Vegetarian Shepherd's Pie</div> <div>✓</div> </div> <div> <div>Sweet Potato Wedges</div> <div>Broccoli, Cauliflower & Carrot Mix</div> <div>Beetroot</div> </div> <div> <div>Assorted Bread</div> <div>Freezing Cow & Seasonal Fruit</div> </div>
Thur	<div> <div>Coronation Chicken Sandwiches with Potato Salad & Peppers</div> <div>Aberdeenshire Beef Casserole</div> <div>4 Cheese Ravioli in Tomato Sauce</div> <div>✓</div> </div> <div> <div>Baby Boiled Potatoes</div> <div>Green Beans</div> <div>Mixed Peppers</div> </div> <div> <div>Assorted Bread</div> <div>Oat Cookie</div> </div>
Fri	<div> <div>Butcher's Beef Burger with Cheese in a Bun</div> <div>Veggie Burger in a Bun</div> <div>✓</div> <div>Sweet & Sour Pork</div> </div> <div> <div>Rice</div> <div>Baked Beans</div> <div>Cucumber</div> </div> <div> <div>Assorted Bread</div> <div>Banoffee Flan with Cream</div> </div>